



McCabe
PILGRIMAGES

THE
**PRAYER
BOOK**
SOCIETY



A Pilgrimage to the Holy Land

With the Prayer Book Society
Led by Bishop Michael Langrish
31 August - 10 September 2023

11 days based in Jerusalem & Galilee



A PILGRIMAGE TO THE HOLY LAND

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It is always very moving to make a pilgrimage to the Holy Land, there is so much to see and experience and learn together. St Jerome said: 'Five gospels record the life of Jesus. Four you will find in books and the one you will find in the land they call Holy. Read the fifth gospel and the world of the four will open to you.'

So this is a wonderful opportunity to engage afresh with the roots of our faith and discipleship. We will do so as we walk in the footsteps of Jesus and those who followed him in the places where they walked.

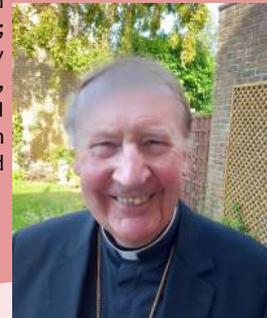
Our pilgrimage will include the sites where the most important events in Our Lord's life and ministry took place: in Jerusalem and the surrounding area and further north in Galilee. We shall listen to, and reflect on, the words of the Gospels in the landscape about which they speak.

We shall also have the privilege of standing in solidarity with our brothers and sisters there, the local Palestinian and Israeli Christians who are the ongoing, living church in the region. These are the 'living stones' whose witness to Christ has been a constant for 2000 years.

And in this particular journey we shall be drawing on the deep wells of the beauty, poetry, and majesty of the Book of Common Prayer.

We hope that if you have never been on pilgrimage to the Holy Land before you will choose to join us and, if you have been before, we welcome you back. The various sites and situations will speak to us all differently; but we shall be united on a journey together thirsting for holiness, forgiveness, peace and justice. Our journey will also, I am sure, bring joy and laughter, with profound worship, growing fellowship and deepening faith.

+ *Michael*



TOUR INFORMATION

The cost is £2,525 sharing a twin-bedded room with private facilities. We stay in two family owned and managed hotels. In Jerusalem, the three star Golden Walls Hotel overlooks the Old City walls and is within walking distance of the Holy Sepulchre. In Tiberias, we stay at the four star Ron Beach Hotel in a wonderful situation right on the lakeside.

The tour is on a **full-board basis** with buffet breakfast, lunch and evening meal included. Touring is by air-conditioned coach and we will be accompanied by a local guide who will share leadership responsibilities and look after the formalities of hotel check-ins, etc. All entrance fees are included as well as all tips to hotels, guide, driver, etc.

Flights are with El Al between London Heathrow Airport and Tel Aviv and all airport and security charges are

included. A complimentary visa is issued on arrival at Tel Aviv (please read the back cover page).

Not included: Travel insurance - this is essential but we are unable to sell this so far in advance of travel. Once you have paid your deposit, should you need to cancel for medical/other reasons generally covered by insurance before we are able to offer you a policy, we will refund your deposit in full. We require all travelers

to have adequate cover for the trip and you may choose to have other suitable insurance. Single rooms are available at a supplementary cost of £625.

Any special requests should be noted on the booking form. A deposit is payable now with the balance payable eight weeks prior to departure.

Your final travel documents will be posted to you approximately two weeks before departure.



TO MAKE A RESERVATION

To reserve your place, please complete the booking form and send it with a deposit of £200 per person to the tour leader/organiser. Please make cheques payable to 'McCabe Travel Ltd'. If you prefer to pay by card, please make a note on the booking form and McCabe will contact you to take the payment over the phone.

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DAILY PROGRAMME



Thursday 31 August | TO JERUSALEM

We meet at London Heathrow Airport. EL AL flight LY316 departs at 15:15 arriving at 22:00. Transfer to our hotel in Jerusalem. **Six night stay at the Golden Walls Hotel close to the Old City and biblical sites we shall be visiting.**

Friday | BETHLEHEM

Our day begins in Ein Karem (traditional birth place of John the Baptist) where we visit the churches of John the Baptist and the Visitation. We continue to the Israel Museum to visit the model of Ancient Jerusalem and see the Dead Sea Scrolls. We then cross into Palestinian territory to visit Bethlehem, visiting the Shepherds' Fields which will be the setting for our Eucharist. Lunch (Bedouin style!) at the Shepherds Tent restaurant. In the afternoon we enter Manger Square and visit the Basilica and Grotto of the Nativity and St Jerome's Caves. Time to shop in the olive wood co-operative as we return to Jerusalem.

Saturday | MT OF OLIVES

We drive to the Mount of Olives where we have a panoramic view of the walled city. As we look across the Kidron Valley we see the Golden Gate, the Dome of the Rock and the Church of the Holy Sepulchre. On the Mount of Olives we visit the Pater Noster Church, Dominus Flevit Chapel, and the Church of All Nations in the Garden of Gethsemane where we will celebrate Holy Communion. We finish our morning by the Pool of Bethesda and the Church of St Anne. After lunch at the Ecce Homo convent (above the Lithostrotos) we follow the Via Dolorosa through the lanes of the Old City to the Church of the Holy Sepulchre. We end the afternoon at the Garden Tomb.

Sunday | WORSHIP IN JERUSALEM

Some may wish to visit the Church of the Holy Sepulchre in the early morning to witness the variety of liturgy. We then have the opportunity to join with the local congregation at St George's Cathedral before lunch at the nearby Jerusalem Hotel. In the afternoon we drive to Mount Herzl in West Jerusalem to visit the Yad Vashem Memorial to the Holocaust.

Monday | MASADA & THE DEAD SEA

A full-day excursion to Masada and the Dead Sea. We drive into the Judean wilderness to



Herod's desert fortress of Masada, which we ascend by cable car. We have an opportunity to float in the therapeutic waters of the Dead Sea before lunch in the Lot Hotel. On our return journey to Jerusalem we call at Qumran (where the Dead Sea Scrolls were discovered). Our final call is at the Wadi Qelt to visit the monastery of St George.

Tuesday | JEWISH QUARTER & MT ZION

We enter the Old City through the Zion Gate and walk through part of the Jewish Quarter along to the Western Wall (where we also see the Bar-Mitzvah ceremonies) stopping for a wonderful view of the Temple Mount with the El Aqsa Mosque and the Dome of the Rock en route. We also visit the Ophel (Southern) excavations. We lunch at St Andrew's Church of Scotland guest house and in the afternoon spend time on Mount Zion at the Upper Room, Dormition Abbey and the Church of St Peter in Gallicantu (traditionally the site of the High Priest's house), where we celebrate Holy Communion.

Wednesday | JORDAN VALLEY TO TIBERIAS

We leave Jerusalem and drive first to Bethany where we briefly visit the church and the tomb of Lazarus before calling at Jeel al-Amal Boys' Home, supported by the McCabe Educational Trust. We then continue to the desert oasis of Jericho where we view the Mount of Temptation and take an orientation tour around the town. We lunch in Jericho at the Green Valley restaurant. We then stop at the Qasr el-Yahud baptismal site on the River Jordan, which will be the setting for Holy Communion today (as well as offering the possibility to renew baptismal vows), before continuing our journey up the Jordan Valley to Tiberias. **Four night stay at the Ron Beach Hotel by the Sea of Galilee with visits to places associated with Jesus' early life and ministry.**

Thursday | NAZARETH

We drive to Mount Tabor, navigating its winding road by taxis to reach the beautiful Basilica of the Transfiguration with its magnificent views over the plain of Armageddon (Holy Communion in one of the chapels in the basilica). We drive to nearby Nazareth where we visit Nazareth Village, a reconstruction of 1st Century Galilean life. After a Biblical style lunch here, we walk from Gabriel's Church (Mary's



Well), via the Synagogue Church to the Basilica of the Annunciation. We return to Tiberias via Cana, scene of Jesus first miracle.

Friday | THE NORTHERN GALILEE

We leave Tiberias and drive to the northern Galilee. We journey through the Hula Valley to Baniyas (biblical Caesarea Philippi) where we have time for a lovely walk through the reserve and for meditation and reflection. We then enjoy a leisurely lunch at the Tanureen Restaurant. We return to Tiberias and our hotel, driving over the Golan Heights region. The rest of the afternoon is free to relax.

Saturday | THE LAKESIDE MINISTRY

Today we visit the sites associated with Jesus' life around the Sea of Galilee. We drive to the north of the lake and visit the ruins of Capernaum. We celebrate Holy Communion on the shores of the lake at Tabgha beside the Church of the Loaves and Fishes and, after visiting Mensa Christi (where Jesus appeared to his disciples after His resurrection), we drive up to the Mount of Beatitudes' church and garden, commemorating the Sermon on the Mount. We have lunch here in the convent and then sail back across the Sea of Galilee to the hotel, returning by mid-afternoon with time to relax and swim.

Sunday 10 September | CAESAREA MARITIMA

We celebrate a final Holy Communion in the hotel garden on the lakeside. We then leave Tiberias and drive to the Mediterranean coast and the Roman capital of Caesarea, where we visit the restored amphitheatre and the aqueduct. We remain for lunch at the Port Café restaurant by the sea. In the afternoon we continue to Ben Gurion Airport in Tel Aviv for our homeward EL AL flight LY317 which departs at 17:15 arriving back at London Heathrow Airport at 20:45.

Please note: the itinerary may be subject to change due to local conditions.

The itinerary may be subject to change due to local conditions and there will be quite a bit of walking. If you are concerned about this, please speak to the tour leader or call the McCabe office.



OUR PILGRIMAGE

THE MCCABE EDUCATIONAL TRUST

For many, meeting the 'Living Stones' of The Land becomes a real highlight of their pilgrimage. The McCabe Educational Trust is an independent registered charity with the aim of helping inspiring people we meet on pilgrimage. On your pilgrimage you will meet some of these people. As 'the haves' encounter the 'have nots' the Trust has become a practical tool for one to help the other.

McCabe Pilgrimages invite all travellers to become partners in this work. A £15 voluntary donation to the Trust's work is added to every pilgrim's invoice and all money raised in this way is given in full to the projects the Trust supports. This scheme is voluntary and confidential with nobody put under any pressure to participate.



TRAVELLING ALONE

Many of our passengers travel alone and object to expensive single room supplements. McCabe Pilgrimages will accept individual bookings on a 'guaranteed share' basis. We charge the basic price and accommodate you with a person of the same sex also requesting shared accommodation. If we do not find someone to share with you, you will be accommodated in a single room at only 50% of the usual single room supplement. For single travellers who do require single accommodation this should be requested when booking and, if available, the normal supplement will be payable.

PASSPORTS, VISAS AND HEALTH

Please ensure that your passport is valid for at least six months after the time of this pilgrimage. If you need a new passport apply early as there can be considerable backlogs at the passport offices. A visa is issued free of charge on entering Israel and there are currently no further requirements for entering the Palestinian territories. **If you are holding a non-British passport, or require further advice, please consult the McCabe office.** No inoculations are required but we advise you to consult your doctor regarding your own personal requirements.

TRAVEL INSURANCE

Our policy includes COVID-19 cover. A special feature of the policy recommended by McCabe is that you do not need to declare medical conditions or call a medical screening service. Most pre-existing health conditions are covered as long as your doctor agrees that you are fit to travel.

We have arranged a holiday insurance policy underwritten by AWP P&C SA and administered in the UK by Allianz Global Assistance which is a trading name of AWP Assistance UK Limited, AWP Assistance UK Limited is authorised and regulated by the Financial Conduct Authority. AWP P&C SA is duly authorised in France and the United Kingdom and subject to limited regulation by the Prudential Regulation Authority and the Financial Conduct Authority. McCabe Travel Ltd is an Appointed Representative of Global Travel Insurance Services Ltd who is authorised and regulated by the Financial Conduct Authority (firm reference 305686) being permitted to advise and arrange general insurance contracts. Our status can be checked on the Financial Conduct Authority Register by visiting www.fca.org.uk or calling 0845 606 9966.

The policy has been specifically designed so that it covers all McCabe holidays; protecting you in full if you have to cancel and providing you with the very best and most effective protection if you are unfortunate enough to require medical attention whilst away. Standard exclusions apply and are listed on the summary document which is available on request. Please check that you are not affected by the Main Health Exclusions. You will not be covered for any ongoing tests or treatment of an undiagnosed condition, or for any terminal illness, or if you claim as a result of a condition arising within the past twelve months. If you have a medical condition, you must obtain verbal confirmation from your medical practitioner that there is no reason why you should not travel and you must ensure that this confirmation is recorded in your notes.

Note that you will be required to pay an excess of £1,000 on any claim that results directly from a pre-existing medical condition.

A full policy wording will be sent to you with confirmation of your booking, or ask us and we will send you a summary now. Full details are also on our website. If you would like more information or are unsure of any details, please call Global Travel Insurance Services Ltd for further advice on 01903 235042. This insurance is only available to persons who are permanently resident in the UK.

AITO QUALITY STATEMENT

McCabe Pilgrimages is a member of the Association of Independent Tour Operators. The Association represents Britain's leading independent tour operators and encourages high standards of quality and service. McCabe abides by the Association's Code of Conduct and adheres to the AITO Quality Charter which can be viewed on www.aito.co.uk. Visit the website to find out more about the Association or call 020 8744 9280.

This pilgrimage is ATOL protected by the Civil Aviation Authority.

The McCabe ATOL number is 2920.



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